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The Friends of Urambo & Mwanhala



Friends of Urambo & Mwanhala

Linking the Tabora Region of Tanzania with the UK



A Message from the Honorary Secretary

Asanteni rafiki zetu wote kwa kuendeleza misaada yenu wakati wa lokodauni. Tunatumaini kwamba 2021 tutaona mwisho wa taabu zilizosababishwa na virusi vya korona.

Thank you to all our friends for maintaining your support during the lockdown. We hope that 2021 will see the end of the difficulties caused by the coronavirus.

Dear Friends

I write in hope that the worst of the pandemic in the UK is behind us and that all of you come through the year unscathed. So far, our friends in Tanzania seem to be faring well and I have had no reports of worrying levels of COVID infection from the Tabora Region. I hope that they can continue to avoid any serious consequences from this virus.

It was with shock that we learned of the unexpected death of President Magafuli, who died suddenly on 17th March from what was reported as a heart problems. Our Chairman has sent a letter offering our condolences which

can be read on page 13 in this newsletter. The New President is Her Excellency Mheshimiwa Rais, formerly the Vice President. There has been little

“ Unsurprisingly 2020 has been a quiet year and FUM has used it to ensure all our projects in Tabora Region are complete. ”

time for her to establish her politics but we do know that, whereas President Magafuli denied the seriousness of COVID-19 and maintained that it could be cured using traditional medicines, now the country is moving towards a policy of testing and

vaccination. Let us hope that whichever approach is used, it is successful.

Four casualties of the COVID crisis are the four young doctors I mentioned in the autumn newsletter: Anna Douthwaite, Alistair Watson, Rachael Killeen and Rachel Watts. They were hoping to spend their medical elective weeks in Urambo and Ndala Hospitals but, as Tanzania is one of the countries on the COVID red list, on their return from Tanzania they would face paying for isolation in a hotel, a cost way beyond their means, and that, along with the fact that they would be unable to



travel until mid-May, has meant that reluctantly they have had to pull out. This is a great disappointment for them and to our friends in Urambo and Nzega Districts. We hope that the rushed alternatives they have to put in place for their elective placements go well and that they are successful in qualifying as doctors.

Another casualty was the AGM, planned to be held at Buckerell Lodge in Exeter. Buckerell Lodge has been so generous to us in the past but this year a meeting was out of the question and so, instead, we ran the AGM as a Zoom meeting. (The minutes are published on the FUM website.) This worked very well and I am pleased to say that rather more supporters joined in, including representatives from The Kennilworth-Uyogo and the Minchinhampton-Nkokoto Friendship Links. We were also very pleased to welcome Dr Mgelaga, Chief Medical Officer, Nzega District and Luck Mgeni, our great helper in Urambo. Dr Swakala joined in too but his link was too poor for us to hear him. We are greatly encouraged by this first Zoom attempt and have resolved to repeat it in some form for the March 2022 AGM which will be held in the morning of March 5th 2022.

The AGM was a milestone for a reason other than using Zoom. For the first time for some years we have been pleased to welcome a new officer who was duly elected. Elly Hills is

picking up the School Sponsorship portfolio managed so effectively for many years by Jenny Wills. We have relied on Jenny for many years now; you will find an appreciation of her FUM work beginning on page 9.

In Jenny's place we are all very pleased to welcome Elly as an officer and, I am equally delighted to say that after the AGM, three more supporters stepped forward, so Sara Wolley, Nikki Hurst and Simon Headington have been co-opted onto the committee. Simon with his experience of



working in Tanzania will oversee the planning and executing of our building projects; Sara and Nikki at this stage are watching to see where they think they can make the most effective contribution.

Included in this newsletter is a reminder of the scheme, Amazon Smile. If you are a user of Amazon for on-line purchases you can gain money for FUM at no cost to yourself simply by registering for the scheme. FUM profited from this to the tune of £72 in 2020. If more of us sign up, this could

become a much greater amount in 2021. The instructions for joining the scheme are on the next page.

Unsurprisingly 2020 has been a quiet year and FUM has used it to ensure all our projects in Tabora Region are complete. One long-standing project is the proposed borehole in Isegenhe village, Nzega District. We have been ready to fund this for a while now but there have been delays linked to reorganizations in Nzega District. All seems to be clear now and the village has been sent the money for the

geophysical survey which will establish where the borehole should be sunk. As soon as we have that information we will send the funds for the sinking of the borehole and the pump installation. I hope and expect that by the autumn the village clinic will have a water supply on its doorstep.

We are now looking at the requests for funding coming from villages in the Region.

Isabel, our funding officer, mentions in her piece the village of Kamalendi in Urambo District where we have agreed to try and help. Other projects will be considered and I will pass on news of those adopted in the autumn newsletter. A problem we will find hard and maybe impossible to solve is the replacement of the FDC transport. On the good advice of Chris Lowey, FUM bought these Tempo Trax vehicles for Mwanhala and Urambo FDCs and they have been running now for nearly 15 years,



Mwanhala FDC vehicle



Urambo FDC vehicle

a long time on the rough roads they negotiate. A motorcycle bought for Sikonge FDC died some years back. With better communication in rural Tanzania we must decide whether we are justified in seeking to replace these vehicles. I know Di Cooper is in conversation with the Principals about this. Should it be

decided that transport is essential we will then have to search hard for a wealthy sponsor to help. All the while our support continues for the FDCs, the fifteen Mother and Child Health Clinics which we support, as well as the bursaries we grant to deserving secondary school pupils. Our need for funds is as great as

ever so I urge you to continue your generous support and, if the great outdoors attracts you, join one of the two sponsored walks Isabel mentions.

As always, FUM would be nothing without its group of generous friends. I thank you for your continued support.

Rod Smith

Amazon Smile for FUM

A Great New Way to Support Our Work

We have signed up for Amazon's charity scheme that donates 0.5% of many Amazon purchases (not marketplace ones) to your named charity. There is no extra cost for you; prices are the same as normal.

To register for Amazon Smile and help FUM:

- Click <https://smile.amazon.co.uk>
- Login (if necessary) using your normal Amazon details.
- Type 'urambo' in the box then click
- When **The Friends of Urambo and Mwanhala** appears click

Your Amazon screen will then show near the top.

These details will only need to be entered once; Amazon will remember them.

Be sure to change your Amazon link to <https://smile.amazon.co.uk>

Do please tell your friends and families of this easy way to support FUM.

The letter from our chairman, Richard Pratt, offering our condolences on the death of President Magafuli, who died suddenly on 17th March. Mr Magafuli had been president of Tanzania since 2015.



**Friends of Urambo
& Mwanhala**

*Linking the Tabora
Region of Tanzania
with the UK*

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19th March 2021

Your Excellency

On behalf of the Friends of Urambo and Mwanhala, I send you our deep condolences on the sad and untimely passing of President Magafuli.

It is a shock to all of us who hold Tanzania dear. Our thoughts are with you, your colleagues and with the Government and people of Tanzania at this difficult time.

We wish Tanzania a safe and peaceful transition as the country comes to terms with this tragic loss.

Yours faithfully,
Richard Pratt

Chair

The Friends of Urambo and Mwanhala, a registered charity, supporting the people of Tabora through sponsorship of health, educational and environmental projects.

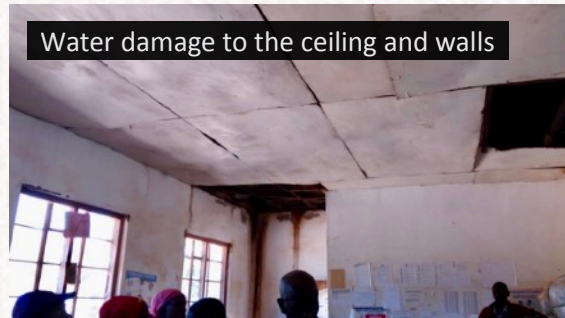
(UK)
Registered Charity No. 265345
(Tanzania)
Registered Society No. SO.7441

Opening of the Newly Refurbished Clinic at Mambali Village

Eighteen months ago FUM undertook the refurbishment of the MCH clinic at Mambali, a building which had fallen into disrepair and was unable to serve its community in the way they deserved.



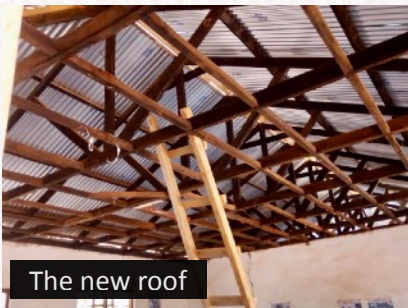
Mambali clinic in disrepair



Water damage to the ceiling and walls

Mambali is a fairly isolated village in Nzega District and its clinic had been built more than 20 years ago by a team of volunteers from Health Projects Abroad, one of whom was Julie Overnell, now our membership secretary.

Cranbrook School came to the rescue and undertook to raise the money for the refurbishment and planned a visit to Mambali in July 2020 to work on the building. Sadly, this expedition was yet another casualty of the pandemic and the group were unable to go, nor were a second group who were scheduled to visit Mwasala and work on the clinic



The new roof



The refurbished interior

staff accommodation there. To the huge credit of the Cranbrook staff and pupils, despite their disappointment, they nevertheless completed their fundraising successfully and the two projects were able to go ahead and have now been completed.

Signalling the importance of the project, a grand ceremony was held at Mambali clinic. A large crowd gathered to see the representative of The Hon Advera John Bulimba, the Nzega District Commissioner, declare the clinic open and unveil a plaque. The local press and TV were there and were able to hear the reading of a message of support from Mr Will Chuter, the Cranbrook Headteacher. All involved in this major undertaking, including those in the village, in Nzega District and in Cranbrook, can be very pleased with their success.



Guest of Honour and the District Human Resources Officer



A large crowd gathered

This building has been refurbished with funds from
Cranbrook School and FUM, UK.
 Opened in March 2021 by
The Hon. Advera John Bulimba
 District Commissioner, Nzega

The plaque

A Water Supply for Mwanhala Village

Here is a lesson about the difficulties of running projects at arm's length and how, just when one thinks all problems have been ironed out, another can appear unexpectedly. Patience, but above all expertise is required and to make this project a success, we were fortunate to draw on the skills of Chris Lowey during the early phase and more recently, Lucky Mgeni, without whom we may well have had to abandon the project.



Cranbrook pupils help dig a trench for a water pipeline in 1984

A safe, reliable supply of water in Mwanhala to serve the clinic, the FDC, the school and the village has been an aim of FUM for nearly 40 years; several attempts have been made to find a solution, each of which has been partly successful but over time ran into problems. The first project was an ambitious one undertaken in partnership with the District and involved pumping water from a nearby dam, the three kilometres to a water tower in Mwanhala, and thence to stand pipes around the

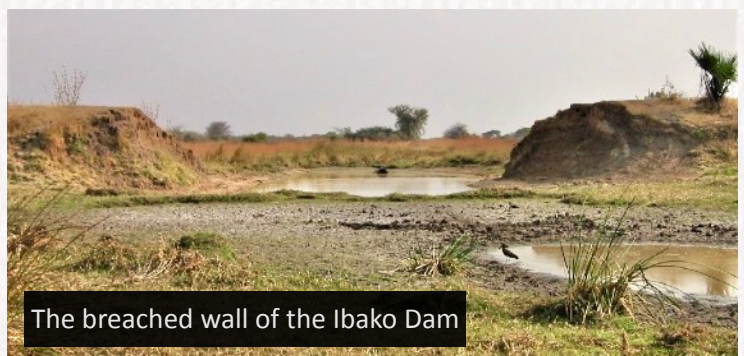
village. This project saw the first involvement of Cranbrook School pupils when, in 1984, a small group travelled to Mwanhala and helped dig the trench in which the pipeline was laid. Further visits by Cranbrook pupils had them working on the village piping, repairing leaks and inaugurating the large filter and treatment tank just downstream of the dam. On one occasion, Mark Allen, an ex-Cranbrook pupil on his gap year carried a large gate valve to Mwanhala to repair the failed one

at the base of the water tower. He organised the replacement and discovered that the problem had been caused by a small lump of wood, which somehow had been drawn into the main pipe and obstructed the valve. He brought the offending wood back to show me and I still keep it as a souvenir. The system worked well, albeit with some funding problems, with the pump and its operator being supervised by Chris each time he visited Mwanhala, but then a severe flooding event in 1997 caused a breach in the dam, the result being an empty reservoir.

Efforts to persuade the authorities to repair the dam were unsuccessful but, in the end, FUM managed to pay contractors to rebuild and reinforce it. Sadly by the time the reservoir was useable again the diesel pump had been stolen and, although the thieves were caught, the pump was not recovered. The village did not want us to restart the scheme, reasoning that they were unable to guarantee that there would not be a repetition of the theft; instead they urged us to fund a borehole near the water tower from which the village water could be



The Mwanhala water tower

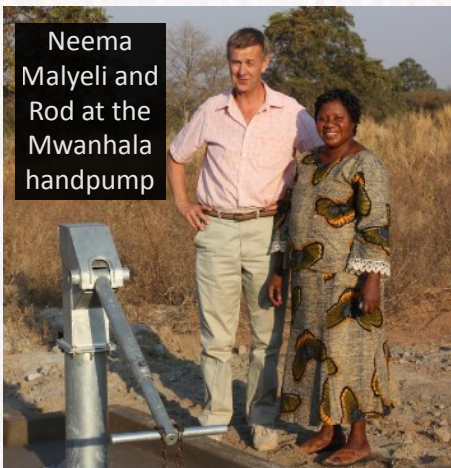


The breached wall of the Ibako Dam



Village standpipe in 1987

distributed using the existing village pipe network. Accordingly we funded a borehole at the spot identified by the geophysical survey; luckily this happened to be in the grounds of the FDC. Good



Neema Malyeli and Rod at the Mwanhala handpump

quality water was found but the borehole test showed that its yield was only 1000 litres per hour, insufficient to supply all the village standpipes.

The borehole was first fitted with a handpump but then, after a couple of years use and following the connection of the FDC to the mains electric grid, we took the next step. An electric pump was placed in the borehole which pumped water to a small holding tank. From there water could be used by the FDC, villagers could collect water from the standpipe placed by the roadside, and water could be transported daily to the clinic. All seemed well but after only a short while the pump broke down; on examination it seems that it had not been fitted with dry running protection. We therefore replaced the pump along with all

the protections we could think would be necessary and things were fine and dandy. After perhaps a year of use there occurred a large power surge on the grid, still unexplained, which caused all the connecting electronics to be destroyed. I am

told that elsewhere in the district this surge caused damage too. Once everything had been upgraded and replaced things settled down and it seems that we had at last achieved our goal of making a reliable supply of water available to Mwanhala villagers.

Then, at the end of 2020, another disaster; the pump once again stopped working. On examination it seems that it had filled with silt and jammed and as a consequence the motor had then burnt out. We cannot be sure just why this happened; Lucky, our friend and water engineer, thinks that probably the pump was used to extract water at a greater rate than the borehole could supply.



New Mwanhala standpipe

The repair has now been made and this time we have had a water meter fitted to the pumphead and Lucky has drawn up a pumping schedule which must be strictly adhered to. Photos of the pump readings will be uploaded regularly to ensure that this schedule is respected. So let us hope we are at a successful conclusion to this long saga and that water will flow uninterrupted for many years. I hope so as I have been involved personally with this project from



The top of the Mwanhala borehole

its inception. I was the teacher who, in 1984, with Nicole my wife, led that party of school pupils to Mwanhala, so starting Cranbrook School's long association with the Tabora Region.

Postscript

This year Mwanhala has for the first time been able to access the newly built piped supply bringing water from Lake Victoria. Good news, but at present the water is very costly. Wells, water harvesting and boreholes will continue to be important for many years to come.

FUM Sponsored Walks 2021

Kamalendi Clinic Appeal 2021-2022

Isabel Heycock



Sponsored walkers gathered on Shalford village green before setting out on the beautiful North Downs Way

Having successfully raised the necessary money in 2020 to provide a borehole for Isegenhe Clinic, the FUM committee has decided to make Kamalendi Clinic in Urambo District the focus of our Walking for Water Appeal over the next two years.

Kamalendi is an isolated village 30 km south of Urambo. The Mother and Child Health Clinic is one of those supported by FUM and provides not only the needs of the village but also of the smaller satellite villages.

The village leaders recently contacted us, appealing for our help in building an additional

maternity room, as at present the staff are able to care for only one mother in labour. They also need help in improving the water supply at the clinic.

The villagers will provide a share of the cost and the District will make a small contribution too, but the bulk needs to come from us. Estimates indicate that our total commitment will need to be around £17,000.

Following on from our 2020 success when a group of us walked 15 miles along the North Downs Way raising over £7000, this year we invite you

to join us in one or both of our two 15 mile sponsored walks. Julie Overnell is organising a summer walk in South Devon, details of which will be posted on the FUM website next month, and on Saturday, September 4th there will be a walk along the North Downs from Guildford to Dorking. Both of these should be very enjoyable walks with beautiful scenery. So if you think you would like to join either walk please contact Julie (Devon) or Isabel (North Downs) using the email addresses at the end of this newsletter or click the links below.

We hope to see you there.

South Devon Summer Walk

Look out for details on the website or contact Julie Overnell at membership@fum.org.uk

North Downs Walk

From Guildford to Dorking
Saturday, September 4th 2021
Contact Isabel at fundraising@fum.org.uk

Medical Matters

Jo Taylor

News from clinics and hospitals around the region

Daima Nziku

Daima Nziku, the nurse/midwife from the Mwanhala clinic, continues to study for his Diploma in Clinical Medicine at the Mgao Health Training Institute. Nziku is truly grateful for the sponsorship provided FUM's crowd funding appeal. He sends regular updates about his studies and assures us he is working very hard. He recently sent information about his latest set of exams which clearly shows that he is working hard.

Halfan Hamis

Halfan Hamis, one of the student nurses sponsored through their training to the level of their Diploma in Nursing, keeps in touch on behalf of the group. He tells us all the six nurses sponsored by FON, Cranbrook School and latterly by FUM, are working at the Nzega Hospital. Four of them have recently travelled to Mwanza to take their final exams, which will allow them to be presented with their certificates.

Dr Mary Mkamwa



Dr Mary Mkamwa is one of the Doctors from the hospital in Nzega to whom FUM gave financial support for her further training. Dr Mary studied Dermatovenereology at the Regional Dermatology Centre in Kilimanjaro from 2018 to 2020. She has completed her course and is now back in the Nzega District holding clinics relating to all types

of skin conditions. At our AGM Dr George Mgalega spoke, praising Dr Mary's work and thanking FUM for supporting her studies. He also requested FUM to support her clinics by providing funding for the specialist cream she needs for some of her patients. Although it is unusual for FUM to meet such a request we decided that, having supported Dr Mary through her specialist training, we would make a one-off grant for this. A bonus was that with our money Dr Mary was able to make a bulk purchase directly from the pharmacist in Dar es Salaam, so halving the cost. Dr Mary now has the creams which she gives directly to her patients when she sees them for their 3 monthly checkups.

Dr Amos



Dr Amos is the other doctor at the Nzega Hospital whom FUM helped to complete his studies in Radiology. Dr George also spoke about Dr Amos saying how grateful they are for this financial support. Dr Amos's advanced training means fewer patients need to be transferred to other hospitals for X-rays and scans; this is a huge advantage, not least because, as we know, transport in Tanzania is not always easy or affordable.

Jenny Wills Retires as FUM Officer

Our Education Officer reflects on her time with FUM as she hands over the baton to Elly Hills

FUM is a very special charity and once you have come under its spell it is impossible to let go! That is what I have experienced and have witnessed in others.

I believe that is because it's a charity about friendship and relationships across continents. It is people working for people and all those who coordinate projects have personal contact with their counterparts in the Tabora Region. Relationships form and often friendships are made.

Two people who came under the spell of FUM at the same time as I did back in the early 1990s and who continue to work quietly in the background, are Mary and Martin Kenway. Martin creates this excellent newsletter which brings everyone together and



informs us all about the many and varied projects carried out on your behalf. So I would like to thank Mary and Martin for the huge amount of work they have done for FUM over the years.

Mary, Martin and I first became involved with FUM when we were teaching in primary schools in Cornwall. As a result of the vision of Neville Helme, our headteacher at Callington County Primary School as it was then, we were lucky enough to experience a life changing trip. We were in Tanzania for a month and stayed for a week in each of the villages of Shigamba and

Mwakashanhala that had been linked with St Cleer and Callington where we taught. On our return we were hooked, initiated onto the committee, and this led to us coordinating school links for many years until I retired to Portugal.



Thinking back, what has struck me most are the changes that have occurred, not in people but in technology. When we visited Tanzania in 1995 none of us had mobile phones and it was nearly two weeks after we left home that someone was able to send a telex to John Gillett so he could tell my husband that I had arrived safely. When Mary, Martin and I were organising school links it was often three months or more before our pupils received



letters back from their penpals. Now we can keep in contact with our colleagues in Tanzania via email or WhatsApp and it was wonderful to be able to hold the AGM on Zoom that

excited that it will continue and that FUM is marching into the future assisted by technology.

I would like to offer a word of encouragement to some of the

could be attended by friends in Tanzania, myself in Portugal and others from all parts of the UK. So, as I hand over the Imeli Sponsorship project to Elly Hills, I feel

younger people reading this to 'come under the spell' and get involved with FUM. There is a very dedicated team of people on the committee who I am sure will relish some younger members joining as they grow older. I remember Priscilla and John Gillett saying to me that they needed some younger people on board, but that was nearly 30 years ago. Many of the founder members are sadly no longer with us but their legacy lives on and FUM continues to do inspiring work in a very special part of the world.

Thank You Jenny Mary and Martin Kenway

We could not let Jenny's retirement from being an FUM officer go by without saying a huge thank-you to her. In fact we owe our own involvement with FUM entirely to Jenny.

Jenny and Martin were teaching at Callington Primary School in 1993 when Jenny told Martin that an important Tanzanian visitor was coming to see John Gillett (the late founder of FUM), whom she knew well from Gulworthy Church near Tavistock. She persuaded us to join her at Gulworthy Farm so that we could meet Elias Masatu (FUM regional coordinator at the time) who had come to encourage community links with his region.

We don't think we would ever have been brave enough to attempt such a long journey on our own, but with Jenny's

enthusiasm and support, we travelled out together in 1995 to meet colleagues in our respective link schools of Mwakashanhala and Shigamba. We had a truly amazing trip, meeting so many friendly and generous people and having so much fun and laughter.

The trip however was not just about having fun and Jenny was extremely committed to visiting everyone she possibly could who had links with Tanzania, doing her bit to cement existing friendships and forge new ones.



We would never, for example, have experienced that wonderful welcome at Isike Primary School, which was linked with Tavistock CPS and where Masatu's wife Rachel worked, had it not been for Jenny. Nor would we have met her lovely friend Kaesser (whom she had met at Marjons Teacher

Training College), who looked after us in Dar es Salaam and then afterwards in his home town in Zanzibar. As Kaesser knew we were teachers, he kindly arranged some fascinating visits to Islamic schools and the students impressed us with their inquiring and sometimes challenging questions. We also recall a Sunday service at St Andrew's Church in Nzega town that Jenny had asked to attend so that she could bring messages and gifts from Gulworthy Church. We were all rather surprised that it was such a long (two hour) service, with some members of the



Jenny being presented with a goat which was a great honour

congregation turning up half way through! We were told that this was normal.

And of course there was much work to be done in our villages, finding out about every day life in the Tabora region so that we could make teaching and learning resources for the children back home. Martin used to laugh whenever Jenny ordered, "Martin, film that!" In



Jenny tries her hand at juicing sugar cane at Forodhani Night Market in Zanzibar

fact it still gets said now when we are out and about! There was of course a lot of fun too. One memorable night was when we were woken in the night by a thumping noise. As the Freedom Torch was due to pass through the next day, we assumed that it must be the ngoma (drumming) starting up, but soon discovered that it was in fact Margaret, our guide from the LEA, using a stick to beat a snake which she had found slithering its way into our lodgings when she got up to use the toilet. Martin said that it must look more like a halibut now, and there then ensued a hilarious discussion in the middle of the night as Jen tried to explain to Margaret what a halibut was! Eventually we all drifted back off to sleep, only to be woken by the ngoma drumming that had now really started up! We managed about two hours sleep that night.

There are plenty of other examples of such night time antics, mostly involving huge lizards eating grasshoppers or large spiders with gigantic jaws chomping crickets, all a bit too close for comfort and always

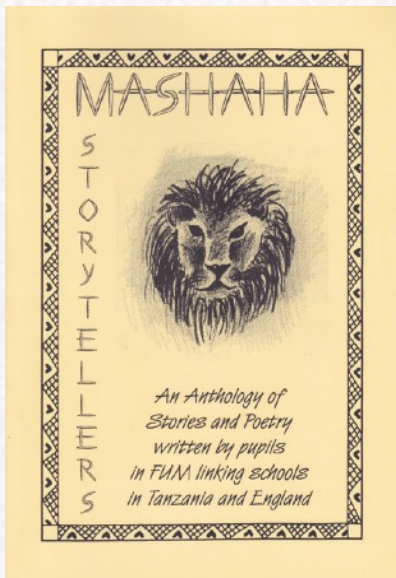
requiring Martin to get up out of bed in the middle of the night and improvise ways of humane removal while Jenny and Mary gave directions from a safe distance.

Another happy memory is when we were once in a shop in Zanzibar. We asked our hosts whether or not two table lamps were for sale, as we wanted to buy Kaesser something for his new house, but somehow this got irretrievably lost in translation. We were immediately escorted on a long mission throughout the labyrinthian old town, in and out of shops (Apprentice style), with so many shopkeepers shaking their heads sadly and sending us on to another trader. Eventually we were taken up some steps into a little shop where the owner triumphantly took something down off the wall and presented us with...a Brazilian World Cup football poster! Not what we had asked for but a source of much amusement for the rest of the trip!

On returning to the UK, Jenny continued her commitment to Mwakashanhala and FUM and we can say with confidence that



Mary and Jenny with Masatu and his family in their home



countless children will have benefited from her first hand experience and genuine love of Tabora region. It is not an exaggeration to say that thanks to her, development education themes and principles became well and truly embedded in the curriculum at Callington Primary. And nothing was ever too much trouble for Jen. When she was given the job of producing a story book and calendar for our FUM international school links competitions, she set about

contacting her printer friend and worked tirelessly with him to get a super job done, giving so much pleasure to the children who took part both in the UK and Tanzania. She continued in her role as one of the school links coordinators for several years, looking after at least half of the schools which had friendship links with Tabora region. We have looked back at our records and see that there were no less than twenty UK schools with friendship links in 1999/2000, meaning that there were forty schools enjoying FUM support at that time.

When she retired from teaching at Callington school and moved with her husband Steve to Portugal, in spite of many other church and charity commitments, she graciously offered to coordinate the school bursary programme, which she has done quietly and efficiently ever since. She should be proud in the knowledge that so many



students have received much needed sponsorship through their secondary education and consequently have gained considerably enhanced life chances, all thanks to her efforts and those of her generous supporters.

We send Jenny our very best wishes and many thanks for all she has done for us, for FUM and for all the children in Callington and Tabora region.

The Imeli sponsorship continues – £30 for a year's education

For nearly twenty Jenny Wills has supervised the joining up of secondary school pupils in Nzega with generous sponsors prepared to give £30 per year, to ensure that these young people are able to attend secondary school. It may seem extraordinary that such a small amount of money is all that it takes but it is a fact that the families of these splendid and determined young people are in such difficulty that they are unable to find that amount. What does it pay for? Books, uniform and basic educational materials is the answer and with these, pupils are able to attend secondary school and gain their national qualifications, which can then lead them on into employment.

Jenny has masterminded this scheme seeking out new sponsors and asking the Nzega Education Department to seek out pupils from deserving families. This has been something which she has enjoyed, but she is running out of steam and has now passed the baton to Elly Hills. All of you who are sponsors should expect to hear from Elly rather than Jenny in future. All of you who are not sponsors, I would ask, "Why not?" The FUM bursary scheme has got to be one of the most effective ways in which you can give money. £30 to keep a young person at school for a whole year seems to me to be a snip. If you would like to join the group of sponsors just contact Elly. Her email is imeli@fum.org.uk.

Rod Smith

FUM

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The FUM Website

Our website is crammed with news, photographs and information about every area of our work. Just go to www.fum.org.uk on your PC or tablet, or point your mobile device at the QR code to take you straight there.



Why Not Sponsor a Student Nurse?

Contact our Medical Officer Jo Taylor for more information. See details above, or if you are reading on screen, click on the link below to email her.

[Email Jo](mailto:jo.taylor@fum.org.uk)

Nzega Hospital Nursing School



The Final Word

As I mentioned in my message at the beginning of the newsletter, Amazon Smile could be an increasingly useful source of income for FUM. Follow the instructions on page 3 and you will automatically make a donation to FUM every time you shop at Amazon. It is totally free and the shopping experience is the same. FUM profited from this to the tune of £72 in 2020. The more of us who sign up, the greater will be the benefit to the people of the Tabora Region. **Rod Smith**